

We offer Full body composition analysis with our New InBody 570. Studies have shown that this simple and quick scan is 98% accurate. Ask a Trainer today to measure your visceral fat levels, your basal metabolic rate, the amount of calories your body needs in a day and if you have any imbalances or are at risk for diabetes or heart disease. Make an appointment today by emailing info@elevatefitx.com or call us at (208) 233-8035.

