

SPRING POOL SCHEDULE (May 1-June 30)

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00 AM	Gym Closed	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	<i>Lap Swim</i> 5:00-7:30 am	Gym Closed	
5:30 AM								
6:00 AM								
6:30 AM		H2O Aerobics	H2O Aerobics	H2O Aerobics	H2O Aerobics	H2O Aerobics		
7:00 AM								
7:30 AM		<i>Lap Swim & Aqua</i> <i>Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim & Aqua</i> <i>Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim & Aqua</i> <i>Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim & Aqua</i> <i>Therapy Combo</i> 8:30-11:00 am	<i>Lap Swim & Aqua</i> <i>Therapy Combo</i> 8:30-11:00 am		<i>Lap Swim</i> 8:00 am-Noon
8:00 AM								
8:30 AM								
9:00 AM	<i>Lap Swim</i> 10:00 am-Noon	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics	No Instructor Aerobics		
9:30 AM								
10:00 AM	Open Swim Noon- 3 pm	<i>Lap Swim /</i> <i>Private Lessons /</i> <i>Aqua Therapy</i> <i>Combo</i> Noon- 7:00 pm	<i>Lap Swim /</i> <i>Private Lessons /</i> <i>Aqua Therapy</i> <i>Combo</i> Noon- 5:30 pm	<i>Lap Swim /</i> <i>Private Lessons /</i> <i>Aqua Therapy</i> <i>Combo</i> Noon- 7:00 pm	<i>Lap Swim /</i> <i>Private Lessons /</i> <i>Aqua Therapy</i> <i>Combo</i> Noon- 5:30 pm	<i>Lap Swim /</i> <i>Private Lessons /</i> <i>Aqua Therapy</i> <i>Combo</i> Noon- 7:00 pm	FREE FAMILY SWIM DAY for MEMBERS Noon-5:00 pm	
10:30 AM								
11:00 AM								
11:30 AM								
12:00 PM								
12:30 PM								
1:00 PM								
1:30 PM		Elevate Swim Team	Elevate Swim Team	Elevate Swim Team	Elevate Swim Team			
2:00 PM								
2:30 PM		Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:30 pm		Lap Swim 5:00-7:30 pm
3:00 PM								
3:30 PM								
4:00 PM		Gym Closed	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		Gym Closed
4:30 PM								
5:00 PM	<i>Lap Swim</i> 9:00-9:45 pm		<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm		
5:30 PM								
6:00 PM								
6:30 PM	Open Swim 7:00-9:00 pm		Open Swim 7:30-9:00 pm	Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:30 pm		
6:30 PM								
7:00 PM	Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:00 pm	Open Swim 7:30-9:00 pm	Open Swim 7:00-9:30 pm			
7:30 PM								
8:00 PM								
8:30 PM	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm			
8:30 PM								
9:00 PM	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm	<i>Lap Swim</i> 9:00-9:45 pm			
9:30 PM								